

Surgery Newsletter

Summer is here!

Please take care in the heat—here are a few tips to help you enjoy the warmer weather and keep you safe:

- ◆ Try to keep out of the sun between 11am and 3pm
- ◆ Wear sunscreen
- ◆ Wear loose cotton clothing
- ◆ Drink lots of cool drinks
- ◆ Seek shade
- ◆ Wear sunglasses and a hat
- ◆ Look out for others, especially vulnerable people such as the elderly, young children and babies and those with serious illnesses
- ◆ Never leave anyone in a closed, parked vehicle, especially infants, young children or animals



Extended Surgeries

Following a recent patient survey conducted through our Patient Participation Group we have amended our 'Extended Surgeries'

We now operate a 4 week rota of:

- Week 1 = Thursday 6.30—7.30pm x 2GPs
- Week 2 = Tuesday 6.30—7.30pm x 2GPs
- Week 3 = Thursday 6.30—7.30pm x 3GPs
- Week 4 = Saturday Mornings 8.00—11.30am x 3GPs

These surgeries are for people who work and find it difficult to attend surgery during our normal hours and can be booked on-line (registration required) or via Reception.

Missed Appointments

In June an average of 30 appointments were missed a week. 20 of these were GP appointments and 10 were Practice Nurse appointments. This equates to 8 surgeries (another full time GP!)

PLEASE let us know if you no longer need your appointment or are unable to attend. We can then offer these appointments to other patients waiting to book one—this may be **you** on another occasion!

Useful Information

Surgery Telephone No:

01329 232446

Out of Hours Service Telephone No:

Dial 111 (NHS 111 Service)

Surgery Opening Hours:

Mon—Fri 8.00am to 6.00pm

Telephones manned until 6.30pm

Surgery Fax No:

01329 282624

Email Address to register for On-Line Services:

FGCCG.BridgemaryMedicalCentre-Reception@nhs.net

Surgery Website:

www.bridgemarymedicalcentre.co.uk

We close for Staff Training on the 2nd Wednesday every month from 12.30 to 1.30pm



General Practice – The Facts

- ◆ There are 40,000 GPs in the UK and the average GP looks after about 1,700 patients.
- ◆ In 2004 there were 240,000,000 consultations with GPs and this rose to 340,000,000 in 2013, which means about 1,000,000 patients, consult with a GP each day.
- ◆ On average a GP will see about 40 - 45 patients per day.
- ◆ General Practice receives about 8% of the NHS budget, yet it accounts for 90% of all patient contacts.
- ◆ Practices are funded between £60 – 80 per patient per year. A year's GP funding per patient is less than the average cost of a single attendance at A+E.
- ◆ Support the 'Your GP cares campaign' (see posters in waiting room)



Repeat Prescription Service

Do you call in to pick up a Repeat Prescription?

Why not let the Chemist do the leg work for you?

Sign up with your preferred chemist and they will collect your prescription for you and get your medication ready for you to collect ~ saving you two trips!

Where do you do your weekly shopping?

Pharmacies at ASDA, Tesco & Morrison all offer a collection service to this practice

Drop your prescription in one week and collect your medication the following week ~ saving you precious time!

Help us to help you by using the Chemist collection service

This will save YOU time and reduce the number of patients calling in ~ saving us time too!

Please allow 3 full working days for us to process your Repeat Prescriptions plus extra time for the chemist to complete your order

What to know..... And where to go

Your guide to everyday health services you may need in a hurry

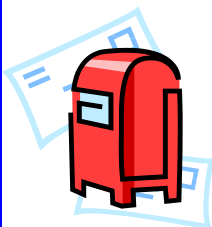
View / download this brochure as a guide:

[http://
www.farehamandgosportccg.nhs.uk/
Urgentcareguide2014.pdf](http://www.farehamandgosportccg.nhs.uk/Urgentcareguide2014.pdf)



Please use the NHS wisely !

Patient Suggestions



At Bridgemary Medical Centre we aim to review our procedures and policies regularly to ensure we provide a high level of service to our patients.

We welcome suggestions and ideas from our patients—Look out for our new 'Suggestion Box' at Reception and post your suggestions into the box.

On-line Services

Did you know you can book appointments and order your repeat prescriptions on-line via our website? Just email FGCCG.BridgemaryMedicalCentre-Reception@nhs.net to request to register for this service. We will then send you login details.



Once you have registered for the On-line service you will be sent reminders of your booked appointments by email or text for free!