

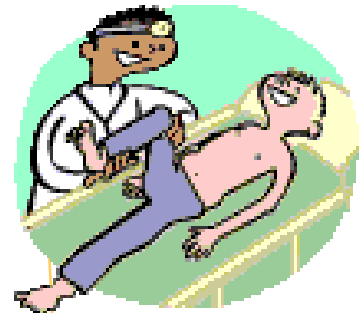
**We are now booking for flu jabs.
If you are 65 or over or in an at
risk group please ask at
reception.**

**Bridgemary Medical
Centre**

September 2012

2 Gregson Avenue
Bridgemary
Gosport
PO13 0HR

Tel: 01329 232446
Out of Hours: 023 9237 7921 (111 from 3/10/12)
NHS Direct: 0845 46 47
Open 0800—1800 (Phones manned until 1830)
Monday to Friday, some evenings, some early
mornings and every fourth Saturday morning.



USEFUL NUMBERS

Emergency Dental Treatment
0845 050 8345

Family Planning Gosport War
Memorial Hosp 02392794715

Osborne Road, Fareham 01329
221486

District Nurses 02392553333

Health Visitors 02392505280

**With effect from 3rd October
2012 the number
for Out of Hours
will be 111**



**Change of Address or
Telephone Numbers**

It is essential that your GP has correct and up-to-date details of your address and telephone number. Please let reception know of any changes. This could prevent any delay or confusion, should we need to contact you. Hospitals also ask for phone numbers to contact patients.



Appointments

Routine Appointments
for your GP can be booked either 48 hours or 2 weeks in advance.

Emergency Appointments

If you are ill and need to be seen on the same day, please contact the surgery between 8am and 10am and you will be fitted in to see the duty Doctor. There is also a duty Doctor available for emergencies which occur after morning surgery and which cannot wait until the next morning. Please telephone after 1.30pm for an appointment the same afternoon

Late, early and Saturday surgeries We offer appointments outside normal hours. There are appointments available some days between 0730-0800, between 1830-1930 and monthly on Saturday mornings.

We offer the following:

- Free condoms
- Free Chlamydia checks
- A range of holiday vaccinations
- Our Practice Nurses can arrange these for you.*

Complaints

We always try to provide a good service at the surgery. We take complaints from patients very seriously. To ensure there can be no misunderstanding, we do ask for any complaints to be made in writing, giving full details.

Should you wish to complain on behalf of another person, we will need their written permission to this effect.

All complaints in writing should be addressed to the Practice Manager, Mrs Jill Wright who will ensure they are fully investigated with the people concerned and that you receive a full response.

Names of GPs

Dr M Asbridge	Room 1
Dr M Yeandle	Room 5
Dr C Mutch	Room 3
Dr C Sathyanath	Room 2
Dr A Clarke	Room 4

Details to note:

- Fax Number:
01329 282624
- Phone Options
Ring the surgery (01329 232446) and press the following number:

- 1 Appointments
- 2 House Call Request
- 1 Results (after 11.30 am)
- 4 Practice Manager, Deputy or Admin

Email address for prescriptions
Hamp-
pct.bridgemaryreception@nhs.net

Health Management Clinics

To help maintain optimum health, you may be invited to attend one or more of our Clinics once per annum. These include Heart Disease, Diabetes, Asthma, Blood Pressure, Epilepsy etc. and are run by either your GP or one of our Practice Nurses.

It is in your own interest to attend these clinics as you will be given advice on how to keep yourself in the best of health.

If you receive a letter inviting you to attend please contact the surgery to make an appointment. These appointments are bookable in advance.

More Overleaf



Repeat prescription Requests

Please allow 2 working days

You can order your prescriptions in the following ways:

With the counterfoil provided

by fax to 01329 282624

By email to hamp-pct.bridgemaryreception@nhs.net

By writing the details and handing to reception (this may delay your prescription—so use the counterfoil if you have it)

Via our website : www.bridgemarymedicalcentre.co.uk (you have to be registered by emailing a request to hamp-pct.bridgemaryreception@nhs.net to do this).

WE DO NOT TAKE PRESCRIPTION REQUESTS OVER THE PHONE



COMMISSIONING OF MEDICAL SERVICES

Bridgemary Medical Centre is a member of the Fareham & Gosport Clinical Commissioning Group. We are working with the other practices in Fareham and Gosport to try and improve health care provision for our patients.

FAMILY PLANNING AND CONTRACEPTION

GU and Contraception 0300 300 2016

**Gosport Family Planning at Gosport War Memorial Hosp
02392 794715**

Tues 1100-19.30 (open clinic)

Thurs 1230-1930 (open clinic)

**Fareham Family Planning at Osborne Road Fareham
01329 221486**

Mon & Weds 1500-1930

Thurs 1500-1800 (under 25s)

Fri 0830-1200

Rowner Health Centre

Weds 1630-1900 (under 25s)

Holiday Vaccinations

Please ensure you leave enough time for vaccinations to be given at least 2 weeks before travel.

HOLIDAY VACCINATIONS

If you are going abroad and need vaccinations, please complete a Holiday Vaccination form, obtainable from Reception. A Nurse will check which vaccinations are needed and an appointment can be made for these to be done by the Practice Nurse. We now have a Travel Clinic on a Friday afternoon. **There is a charge for some vaccinations.**



CHARGES FOR NON NHS WORK

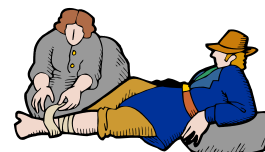
HGV/PCV/TAXI	£100
Pre employment/Diving/flying with report	£100
Insurance/holiday cancellation/BUPA/PPA	£40
With report	£100
To whom it may concern/housing letters	£25
Letter re medication	£25
Fitness letters (eg Camp America, travel, gym)	£30
With examination	£100
Travel Vaccinations as follows:	
HEP B if requested but not recommended	£20
Rabies per injection (private prescription)	£20
Tickborne/Japanese Encephalitis (Private Prescription)	£20
Vaccine Certificate for Travellers	£15
HEP A (covered by NHS)	No charge
HEP B (recommended) (covered by NHS)	No charge
Private certificates and prescriptions	£15

MINOR INJURIES UNIT AT GOSPORT WAR MEMORIAL HOSPITAL

The Minor Injuries Unit is now open between 8am and 9pm, seven days per week.

They are able to deal with ACCIDENTS and INJURIES.

They are not an alternative to seeing your GP for normal illness or problems.



On Line Appointments and On Line Prescriptions

Please email hamp-pct.bridgemaryreception@nhs.net with your request to use on-line appointments and/or on-line prescriptions. Once your request has been dealt with, you will receive an email from us. This will include details of how to register for these services.

Please note that you can only book on-line or request repeat medication on-line if you have registered for this by sending an email request to the email address above.